

SCA Elementary Newsletter



Our Mission: To challenge students, through Christ-centered education, to know Jesus Christ as Saviour and Lord in order to pursue a life of godly character, personal and academic excellence, and service to others.



www.scaelementary.ca

April 2021 Edition



We want to wish all our students and parents a Happy Easter!

Reminders:

Friday, April 2 - NO SCHOOL - Good Friday
Monday, April 5 - NO SCHOOL - Easter Monday
Tuesday, April 6 - CLASSES RESUME
Wednesday, April 7 - Early Dismissal at 2:15 pm
Wednesday, April 7 & 21 - Chip Day
Friday, April 23 - Hot Lunch & Mustard Seed Coffee Drive



Strathcona Christian Academy Elementary School
52362 Range Road 231, Sherwood Park, AB, T8B 0A3
Phone: 780-449-2787 Email: general.sce@eips.ca
Principal: Mr. Francis Poole
Assistant Principals: Ms. Darlene Janzen & Mrs. Jaime Peters



We will be 'TUMBLING' into April

Students will be doing a tumbling unit for the month of April in phys. ed. They will start with approximately 2 weeks of mat-type work and then the last part may involve using equipment (box horse, mini trampolines, and benches).

It is important that the students wear appropriate clothing and footwear. They have been asked to wear **comfortable clothing**, not jeans or similar type pants as they are very painful when doing rolls, using equipment and balances. It has been suggested that they wear athletic pants, shorts, or legging-type clothing.

Longer t-shirts need to be worn so that the shirt can be tucked in as they are doing headstands and upside down activities. They can change at the start of the class, if necessary.

They have **three choices of footwear**: 1. bare feet or 2. 'dance' type slippers or 3. socks that have a grip sole. **Absolutely no regular sock-feet** as this is a big safety concern. Socks slip and slide and are not safe when doing tumbling activities. Runners **are not** recommended as they are very hard on the surface of the tumbling mats.

Long hair needs to be tied back. **Necklaces**, bracelets, etc. should **not be worn** for tumbling as it could get caught on something and break or possibly cause injury to the child.

Thank you for your attention to these items.

Tumbling Coordinator: Mr. Fung

Munch-a-Lunch is Now Open!



The **next hot lunch will be held on Friday, April 23, 2021.** The Munch-a-Lunch site is open for ordering and will close at midnight on **April 14th.**

Link: <http://www.munchalunch.com/schools/SCA/>

The **next Chip Days will be April 7 & 21.** If you missed the prepay, feel free to send in a loonie with your child and they can still participate.



The School Theme for 2020-2021...

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self control. Against such things there is no law.

Galatians 5:22-23

Mustard Seed Coffee Drive

Friday, April 23, 2021: The Mustard Seed Church is an inner city church that ministers to the needs of people in Edmonton's downtown. They have a daily drop-in center that is in constant need of coffee and tea supplies.

Items needed are: large cans of ground coffee, boxes of tea, coffee whitener, sugar (in small single-serve packets), styrofoam cups, empty plastic grocery bags, and plastic forks and spoons.

Please bring your donation to the school rotunda in the morning on April 26 as the items will be picked up by noon. Thank you so much for your support!



A WORD OR TWO

scelibrary.net



Thank you very much for supporting our Living Books & Scholastic Book Fairs!
Thank you to all the students who participated in our Lego Guessing Contest and congratulations to all the winners.

Mrs. Wielinga

CALLING ALL GRANDPARENTS!

Are you a past, present, or future grandparent of a student who attends SCA Secondary or Elementary Schools? We need your prayer support! We would like to cover our students, their families and our staff with prayer.

Due to COVID-19, we cannot meet on campus for our monthly prayer time. However, if you would like to be part of our regular praise and prayer request emails, please contact Pastor Cook at timothy.cook@eips.ca or phone the school at 780-449-2787.



Keeping Them Safe While Helping Them Grow:

Supporting children's emotional growth in challenging times



PRESENTED BY
Dr. Alex Russell
Registered Psychologist and Author
and SCA Secondary



Date: April 21, 2021

Time: 7:00 - 8:30 pm

Location: Virtual via Microsoft Teams Live Event

Topic: Keeping them Safe while Helping them Grow:
Supporting children's emotional growth in challenging times

Description:

Knowing when and how to support our children at school is never easy. The dangers presented by a pandemic only add to the challenge of balancing the need to protect our children, on the one hand, while continuing to support their emotional growth on the other. This workshop offers clear and helpful guidelines to help parents navigate these challenges while maintaining close, supportive relationships with their children.

The workshop asks whether we are doing our kids a disservice by removing obstacles and doing our best to eradicate all stress and anxiety from their lives?

During the evening, Dr. Russell will offer a fresh perspective on raising self-reliant, motivated children, ready to take on the world. This session will give parents the tools to:

- Understand parent-child dynamics
- Resist the pressure to over-parent
- Build trusting relationships with teachers and school administration so they can play an effective role in your child's life
- Understand problems such as ADHD, anxiety, and substance abuse
- Embrace failing as learning, not parental incompetence
- Enact common-sense strategies for parents worn out from worrying about their kids and their future.

Teams Link:

<https://bit.ly/3vfw0Ed>

April



| Sun | Mon | Tues | Wed | Thurs | Fri | Sat |
|-----|---------------------------------|------------------------|--|--------------------------------|---|-----|
| | | | | 1 NO SCHOOL Spring Break | 2 NO SCHOOL Good Friday | 3 |
| 4 | 5 NO SCHOOL Easter Monday | 6 CLASSES RESUME | 7 Chip Day Staff Meeting - Early Dismissal 2:15 pm | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 April Hot Lunch Orders Due Online | 15 | 16 | 17 |
| 18 | 19 | 20 Chip Day | 21 | 22 | 23 Hot Lunch Mustard Seed Coffee Drive | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 May Newsletter Online | |

April Prayer Focus:

Please pray for our non-homeroom
teachers at SCA Elementary.

2021